

JOHN & LUCY WINTER, OLD HALL FARM,
WALPOLE
SUFFOLK HOLIDAY BARNES

OUR GREEN POLICY.

Old Hall Farm has been in the Winter family for three generations, and although the farm has seen many changes as it has had to move with the times, we feel very strongly that it is our duty to cherish and look after the properties and surroundings for future generations of family, friends and guests to enjoy.

THE AREA AROUND THE FARM.

We are in the Blyth Valley here in Walpole, with the River Blyth running through the meadow just behind Henry's Barn.

Our land is included in part of the Suffolk River Valleys ESA Scheme (Environmentally Sensitive Area), which carries with it many stipulations as far as protection of wildlife and limits the use of fertilisers on the land.

We are very careful about the times of the year that work is carried out, so not to disturb nesting birds and life in general along the river banks.

LOCAL FOOD PRODUCTION.

Apart from feeling strongly about supporting local farmers and our rural economy, we think that food produced with 'low food miles' has got to be a good thing!

To name just a very few within 3 miles of Old Hall Farm we have:

Marybelle Dairy here on the farm – processing local milk and delivering to the doorstep. Producing yummy yogurts, ice creams, crème fraiche and much more.

Hillfarm Oils just in Heveningham – pressing the small black rapeseeds to give a wonderfully healthy, cold pressed culinary oil. Yellow in colour, almost as bright as it is when we see it in flower in the fields around us, and high in omegas. A fantastic substitute for wherever you may once have used olive oil, and with a higher burning point!

K .W. Clarke Butchers in Bramfield – a family run butchers selling the finest, locally reared meat.

The farms are inspected and the animal welfare standard is very high. The family are involved in each stage of the processing and the staff in the shop are very helpful.

RECYCLING

We ask our guests to put empty glass bottles and jars into the wooden crates in the Laundry room and then we take them to the bottle bank in the village.

We also ask that cans, newspapers and cardboard as well as plastic bottles are put into our blue lid recycling wheelie bin situated behind the Landry Room.

SAVING HEAT, ENERGY, POWER AND COST

We very much appreciate that guests are on holiday while they are with us, and it is important that everyone is comfortable, but we do ask that lights are turned off when the rooms are empty, that the heating is not on with the windows open and that appliances are unplugged at night.

The washing machines are available for use by the guests but we do ask that there is a reasonable load before the cycles are run.

Wherever possible we like to use low energy light bulbs.

METHODS OF TRANSPORT

Although using public transport is not always very convenient in rural areas we do have both **BUS AND TRAIN TIMETABLES** available in the holiday barns.

There is a **TRAIN STATION** in Halesworth (3 miles) and from there a regular service to Lowestoft and Ipswich. The Ipswich train connects to the London Liverpool Street service.

BUSES can be caught in the centre of Walpole village (which is walking distance), taking passengers into Halesworth and then beyond to Southwold and regular services to Norwich.

CYCLE POWER is easily available from a cycle hire centre not far away. (leaflets are in the information baskets in the barns).

Maps, routes and guides are all provided with the bicycles and it is a great way of seeing the area, enjoying the fresh air and exercising whilst being environmentally friendly at the same time!